

<p><u>26th March – Luke 24:39</u> “Look at my hands and my feet. It is I myself! Touch me and see; a ghost does not have flesh and bones, as you see I have.”</p> <p>Truth: Jesus is alive!</p> <p>Investigate: If someone you knew had come alive after dying, what evidence would you want that they weren't a ghost? Read v39-43. Can you find the evidence there? Jesus came alive physically - that's one of the reasons we know he's King, and that we will also have new bodies in his new creation.</p>	<p><u>27th March – Psalm 1:1-2</u> Blessed is the one who does not walk in step with the wicked or stand in the way that sinners take or sit in the company of mockers, but whose delight is in the law of the LORD, and who meditates on his law day and night.</p> <p>Truth: Listening to God is the best way to live.</p> <p>Investigate: How are we tempted to listen to those who don't follow God? How can we listen to God better?</p>	<p><u>28th March – Psalm 2:12</u> Kiss his son, or he will be angry and your way will lead to your destruction, for his wrath can flare up in a moment. Blessed are all who take refuge in him.</p> <p>Truth: Jesus (the Son) is the King. Investigate: This verse is both terrifying and comforting. Jesus is angry at sin and rebellion – rightly so! He would not be loving if he didn't care what we did. Carrying on in our rebellion is dangerous. But he is also our refuge. When we see our sin for what it is we run to him in repentance and are safe.</p>
<p><u>29th March – Psalm 3:8</u> From the LORD comes deliverance. May your blessing be on your people.</p> <p>Truth: God is our rescuer!</p> <p>Investigate: Do people ever tell you you're silly for trusting Jesus? That's what they were telling King David. He had enemies who were attacking him and they thought God wouldn't help (v1-2). But David knows that he can always trust God.</p>	<p><u>30th March – Psalm 4:8</u> In peace I will lie down and sleep, for you alone, LORD, make me dwell in safety.</p> <p>Truth: We can rest because God is the one who keeps us safe.</p> <p>Investigate: When you are worried or scared where do you go? Often when we're worried it's hard to sleep. But David says he can sleep well because he knows God keeps him safe.</p>	<p><u>31st March – Psalm 5:4-5</u> For you are not a God who is pleased with wickedness; with you, evil people are not welcome. The arrogant cannot stand in your presence. You hate all who do wrong.</p> <p>Truth: God hates our sin and will judge.</p> <p>Investigate: This sounds scary! We all do 'evil' – we all sin and say 'no' to God. But David gives hope. Read verse 11. What do we need to do? Jesus takes the punishment for us. So when we run to him we are safe.</p>
	<p><u>1st April – Psalm 6:4</u> Turn, LORD, and deliver me; save me because of your unfailing love.</p> <p>Truth: Even when we feel God is far away we can call on him – he will respond.</p> <p>Investigate: Have you ever felt alone? Perhaps really sad about your sin or something someone has done to you? We can feel God is far away. The writers of the Psalms often ask 'How long till you rescue us?' But God is never far away. He loves us and hears us. By his Spirit he is in us. He may not give us the answer we want, but it is the best answer. Read v9.</p>	